Mission/Vision/Objective

It is the mission of Carolina Christian College to provide biblically based academic programs that prepare men and women of all races for ministry and community service with a focus on the African-American community.

Carolina Christian College (CCC) is a special purpose, undergraduate institution. CCC educates persons for Christian ministries through a program of <u>Biblical and theological studies</u>, general education in the arts and sciences, and professional studies. Emphasis is placed upon cultural awareness and leadership that will prepare workers to establish and serve the church in the United States and around the world.

In accordance with the College's special purpose stated above, Carolina Christian College recognizes that a student must be as fully prepared as possible. Therefore, the objective is to inspire and involve students in pursuit of the following:

- 1. Authentic Christian experience
- A broad-based background in general education
- 3. A thorough knowledge of the Bible
- Demonstrating activity in Christian service.

Contact Us

Physical Address 4209 Indiana Ave. Winston-Salem, NC 27105

Phone: (336)744-0900 Email:

Centurions Athletic Handbook



CAROLINA CHRISTIAN COLLEGE
Preparing Real People for Real Ministry in
a Real World

Table of Contents

Welcome	1
Policies	2
Drug/Alcohol Abuse	3
Punitive Actions	4
Appeal Process	5
Awards & Recognition	5
Academic Policies	6
NCCAA	6
Degree Requirements	7
Class Attendance Policy	8
Code of Conduct	9

Student-Athlete Code of Conduct

General Expectations - The decision to become a part of the Carolina Christian College community as a student brings with it the expectation for upholding all rules and regulations set forth by the college. Each student is responsible for becoming familiar with these policies each academic year.

Jurisdiction - Whether on or off campus. Students may also be sanctioned for behavior even when off campus and unconnected to a school activity, if, in the judgment of College officials, the alleged conduct adversely impacts the college community and its culture. Students who face charges by local, state, or federal authorities may also be processed through the campus conduct system without regard to the timelines for and outcomes of the cases in the local, state, and/or federal court system. The outcomes from a campus hearing may differ from those of other court systems.

By joining the CCC Athletic Department, all student-athletes become a representative not only of their team but also of Carolina Christian College. On becoming a member of the College community, student-athletes will find they have the freedom to manage their lifestyle to a far greater degree than in the past. It is essential that this freedom be handled in a responsible manner so as not to jeopardize the opportunity to obtain maximum benefit from a student-athlete's college experience. It is important that the personal conduct of all student-athletes demonstrates good moral and ethical judgment. Student-athletes are expected to behave both on and off the court in a manner which brings credit to themselves, their team, and the College.

Hazing- The College Athletic Department holds a zero- tolerance policy on all forms of hazing. Hazing includes both physical activity (such as any sort of slapping or striking, requiring consumption of any food or liquid, and requirement of exercise or physical activity) and humiliation of any form (such as requiring haircuts, the wearing of certain clothes or make-up, and public performance of songs, skits, or tasks), and is considered punishable through the Athletic Department. Student-athletes are encouraged to speak out with questions/concerns/reports about this behavior to any administrator, and all measures will be taken to ensure their continued safety at CCC and within the Athletic Department.

Consequences- Anyone who violates the ban on initiation and hazing will be subject to disciplinary actions from the Department of Athletics. Examples of the possible punishments may include any of the following.

- a. Suspension of competition for part or all of the season.
- Reimbursement for restitution of damages, cleaning or other costs or repairs related to the incident.
- c. Loss of part or all of your athletic financial aid.
- d. Parental notification in the presence of the head coach or Athletic Director.
- e. Community service activities.
- Mandatory counseling; such counseling services will be paid for by the studentathlete.
- g. Other penalties as determined by the College, including dismissal from the College.

Class Attendance Policy

A student-athlete should never miss a class for any reason other than authorized competitions, employment,0. illness, or another emergency. Consistent, faithful class attendance is one of the main factors in achieving outstanding grades and progressing toward on time graduation – perfect class attendance should be every student-athlete's goal.

Each faculty member assigned to teach each class establish the class's absence policy for making up work. Each course syllabus will specify the number of absences allowed in the respective class before penalties are imposed. A student-athlete who is absent more than the allowed number specified in the syllabus – EVEN FOR COMPETITION – is subject to academic penalties up to and including grade reductions and/or being dropped from the class with a failing grade assigned. The assigned faculty member also determines the penalties for the class absences. If a student-athlete is about to be dropped from a class, or has been dropped from a class, the student-athlete MUST NOTIFY his or her head coach. The head coach at any time can suspend a student-athlete from a game or from the season for excessive absences.

IF A STUDENT-ATHLETE IS DROPPED FROM A CLASS FOR ANY REASON INCLUDING EXCESSIVE ABSENCES, THE STUDENT-ATHLETE MAY BECOME INELIGIBLE FOR COMPETITION.

COMPETING WHILE INELIGIBLE MAY CAUSE FURTHER PENALTIES AND MAY CAUSE A TEAM TO FORFEIT ANY GAME(S) IN WHICH THE STUDENT-ATHLETE COMPETES!

Student-athletes should examine all course syllabi to determine any conflicts between class schedules and their competition and travel schedules. In almost every case these conflicts can be resolved by discussing them with the instructor.

IT IS THE RESPONSIBILITY OF THE STUDENT-ATHLETE to resolve

any class conflicts and to make up (or make ahead) any assignments missed due to competition. If a course-competition conflict can't be resolved, the student athlete's responsibilities to the class will take precedence over competition. The head coach, assistant coaches, and other Athletic Department staff are available to help. Ultimately the student-athlete must work directly with the instructor to resolve class problems. In almost every case these conflicts can be resolved in a manner that permits them to compete and to excel in the classroom.

Note: If an athlete is found to be not passing any course at any time, study hall is required and suspension from practice and games are immediate until the grade is brought up to an acceptable C or above average.

Welcome Address

Greetings,

What a blessing to join other athletes that love Christ and sports. You are beginning a new chapter in your life that will fill your spiritual being as well as your natural being. I think this is the opportunity to seek God's guidance as you train and compete to also train and compete for the life that God is molding for you. In his image, we are made and I know that you were made for greatness.

Take the next few years and learn all that you can so that when you depart from the walls of CCC you will be sure to have clear direction for your life and most of all you will have the physical and spiritual wherewithal to stand the tests of life. So, I leave you with the words of Isaah Thomas: Detroit Pistons Isaiah #oldskool "If all I'm remembered for is being a good basketball player, then I've done a bad job with the rest of my life." Use this time wisely so that basketball can be the foundation for the legacy that you leave to this world.

Dr. LaTanya Tyson President

Dear Student-Athletes,

Welcome to Carolina Christian College and specifically to our athletics department and your respective programs. I look forward to working with each of you and trust that you are equally as excited about beginning your journey along the path to success through Carolina Christian College. I am grateful that you have chosen to represent our honorable institution and help us push forward into the future.

This handbook is designed to provide the student-athlete with information to assist in one's journey with direction of desired outcomes, teamwork, dedication, integrity and respect. Being a collegiate student-athlete requires work, time, and self-discipline. To refine athletic skills does not just happen – it requires an attentive mind and a willing heart.

If there is anything that I can do for any of you do not hesitate to contact me. I look forward to being a resource for you as you grow and become a thread in the fabric of Carolina Christian College's illustrious history.

Dr. T. Tyrone Tyson Director of Athletics

Internet / Social Networking Policy

The use of the internet and websites such as "Facebook," "Instagram" and the use of cell phone digital photography are a growing phenomenon. The administration cautions all student-athletes to remember they carry an additional burden of responsibility. Student-athletes represent not only themselves and their family, but also teammates, coaches and Carolina Christian College as a whole. Therefore, while all coaches and administration encourage the use and exploration of technological innovations to their fullest, any inappropriate use or posting of questionable or objectionable material on the internet may jeopardize a student-athlete's ability to continue to represent the Carolina Christian College Athletic Department. Discovery of inappropriate use of the internet may result in penalties, team suspensions, or dismissal assigned by the College.

<u>Expectations in Individual Sports</u> -The head coach in each sport has his/her own set of rules, and is responsible for enforcing these rules. The CCC Athletic Department administration will fully support appropriate disciplinary action taken by a coach in concurrence with the Athletic Director.

<u>Sportsmanship</u> - Carolina Christian College student-athletes are expected, whether they win or lose, to exhibit good sportsmanship before, during, and after contests. In addition to fair play, good sportsmanship means showing respect to one's opponents, including athletes, coaches, officials and spectators. It means refraining from directing inappropriate language or gestures toward or physically abusing either officials, opposing coaches, athletes, or spectators. All student-athletes are expected to behave in a manner that reflects the positive mission statement and vision of the College and Athletic Department.

Lines of Communication

Communication is essential to Carolina Christian College Athletics. Following the proper lines of communication will ensure timely and effective operations and problem solving. Please refer to the flow chart below to determine proper courses of action if you are in need of assistance for any athletics related issues. Please make all requests and/or communications in writing to the email address listed in the directory on our website. If you feel that your concerns are not being effectively managed by the coaching staff, please make a written statement of your concerns to the athletic director. If any student athlete seeks to undermine the line of communication disciplinary action will be taken per the Coach and AD discretion.

Normal Line of Communication

Student-Athlete - Coaching Staff - Athletic Director - VP of Academics - President

There will be mandatory debriefing meetings with the athletic director at the conclusion of the last semester in which your sport falls. These meetings will give you the opportunity to voice any concerns about the program and receive advice concerning your athletics participation, academic progress and personal goals.

Communication with parents will be minimal. All communication with parents will be handled by the coaching staffs. Parents may set up meetings with the athletics director at the conclusion of the athletics season and must be accompanied by the student-athlete. Only policy and procedure will be discussed with parents. Playing time and team specific issues should be discussed with the coaching staff.

Degree Requirements

- 120 semester hours acceptable to Carolina Christian College with a cumulative grade point average of 2.0 or better. The 120 semester hour requirement must be met by the following category of semester hours: Complete the 22 required hours in minor courses with a 2.0 grade for all of the courses.
 - Complete the 36 semester hours in General Education which must include:
 - English Composition 6 Hours
 - Speech or Literature 3 Hours
 - Social Sciences 9 Hours
 - Humanities 9 Hours
 - Science and/or Mathematics 3 Hours
 - Complete 33 semester hours in Biblical Studies.
 - Complete 9 hours in Ministry
- 2. Satisfy all financial obligations to the College and be in good standing with the College.
- 3. Successfully complete exit examinations.
- 4. Exemplify Christian character, attested to by the recommendation of the faculty and the approval of the Board of Directors of CCC

Academic Policies

- * Student-athletes must maintain a 2.3 GPA to participate in Carolina Christian College intercollegiate athletic competitions. GPA requirement is computed for all coursework extending from the immediately preceding semester of the current intercollegiate competition season backwards to initial enrollment.
- * Student-athletes must attend class meetings and mandatory College events regularly. Professors and organizers may define "regularly" in their syllabi or schedule at the beginning of the semester.
- Student-athletes must complete and return Academic Progress Reports as directed by coaches. Failure to return Academic Progress Reports may be reflected in your eligibility status and can trigger required tutoring and study hall sessions.

Student-athletes must attend all required tutoring and study hall sessions. Tutoring and study hall sessions may be required of student-athletes showing need in individual courses or general course work.

National Christian College Association of Athletics

The NCCAA was incorporated to provide a Christian-based organization that functions uniquely as a national and international agency for the promotion of outreach and ministry and for the maintenance, enhancement and promotion of intercollegiate athletic competition with a Christian perspective.

Harmful Intake

- * Student-athletes must not consume tobacco or nicotine in any form including cigarettes, smokeless tobacco, chewing tobacco, vaporized nicotine or any form of nicotine that may be available in the future while on CCC property or while attending a CCC event.
- Student-athletes must not consume alcohol in any form.
 This includes student-athletes over the legal age of alcohol consumption for the jurisdiction.
 Underage drinking will also be a violation of law and will be treated as such.
- * Student-athletes must not consume drugs of any form including marijuana, amphetamines, opioids, stimulants, dissociative drugs, hallucinogens, prescription medications, over the counter medications taken in high doses or combined with other compounds in an abusive manner or synthetic drugs.
- Student-athletes must not consume drugs for performance enhancement.
- * Each athlete is aware that urine and/or hair sample testing for presence of drugs is permitted. Failure to undergo assigned testing will result in loss of the privilege to participate in any program of the athletic department and /or dismissal from CCC.
- * NOTE: There is no complete list of banned drug examples!! Check with your athletics department staff before you consume any medication or supplement.
- Stimulants: amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine;

Centurion House/Apt Rules

- 1. The house/apt shall be always respected and kept in order.
- 2. Each member of this house shall be always treated with respect.
- 3. The honor code of Carolina Christian College shall be always upheld.
- 4. We win when we have a winner's attitude, demonstrate this in how you live.

The following rules apply in both Centurion house and College sanctioned properties. Breaking of these rules may result in immediate eviction from the house or property and possible dismissal from the athletic program and Carolina Christian College.

- The use of any controlled substance including alcohol is prohibited inside the house/apt or anywhere on the property. If you are caught using, having, associated with, or having evidence of controlled substances including alcohol will result in immediate dismissal from that Athletic program and Carolina Christian College.
- Willful destruction of college property whether interior or exterior will result in you being charged the cost of repairs and held accountable per the disciplinary action policy.
- 3. No unauthorized individual are allowed to sleep overnight, reside, or take residence on College property without prior approval of administration.
- 4. No weapons of any kind are permitted on CCCs property or the student's person, including guns, pellet guns, paint ball guns, knives, stun guns, mace, sticks, batons or anything else that is classified as a weapon. If found or accused of possessing a weapon the student will be dismissed immediately.
- 5. Fighting, disruptive behavior, parties, or disturbing the peace in the community is prohibited.
- Disrespectful language, actions, or electronic communication to fellow students, staff of faculty will result in dismissal.
- 7. The house shall be always kept neat and orderly. Clothing, dishes, food, and trash should be in the proper place. Administration reserves the right to enter premises

without notice for inspection. If warning is issued, the students will have one week to correct violation. ALL students assigned to a room are responsible for its cleanliness.

- 8. No smoking is allowed in the house or anywhere on the premises. This includes any tobacco products, vapes and hookahs. (NO INCENSE)
- 9. Use of water and power will be done in an economical fashion. If there is profuse use of utilities the result could be charges applied to all residence.
- Vehicles shall be properly parked, registered and licensed. No parking in the grass, or on the street. No unauthorized vehicles shall be left over night on College property.
- No alterations or repairs shall be made to any appliance, structure, equipment, locks, furniture or any other part of the house without prior approval by Administration.
- 12. All school related mail that may come to the house shall be immediately surrendered to Administration unopened and unaltered.
- 13. Students will have two break per school year. During the winter break each student must leave their room clean and orderly. During summer break each student must move completely out so maintenance can be done. Each student will be required to move ALL their personal belongings out of the house and vacate the property. any belonging left after moving out date will be thrown away. (Be aware any damage to the property will be charged to the student, in addition if the student's room is not clean and orderly a cleaning fee will be charged to the student.
- 14. Upon withdrawing from the school, or moving out during designated times, the student should leave keys with a CCC Administrator.
- 15. If a student is living in CCC housing is dismissed, the student must vacate the property within 48 hours.
- The signed housing contract provides additional rules and regulations for students occupying CCC housing.

The administration reserves the right to change, alter or amend these rules without notice and will be enforceable upon publication.

Disciplinary Actions (This list is separate from housing rules.)

- * Level 1 infractions will result in one game suspension and extra physical workouts per Coach and AD discretion.
- Level 2 infractions will result in a 2-game suspension to be served immediately or upon the conclusion of an appeal. Extra physical workouts per Coach and AD discretion.
- Level 3 infractions will result in 2-12 game suspension to be served immediately or upon the conclusion of an appeal. Extra physical workouts per Coach and AD discretion. Demotion to bench or lower squad per Coach and AD discretion.
- * Level 4 infractions will result in dismissal
 - Curfew violation (10pm at all way games, tournaments, and public service events unless the entire team is together.)
 - Public image or speech violation.
 - Dress code violation.
 - Unexcused absence from class, practice, work outs, and scheduled public service events. (Unexcused is defined to mean an absence without prior notification and approval, or an absence with notification but then found to be fraudulent)
 - Use of profanity during College sanctioned events.
 - Violation of dress code in class, practice, games and public service events.

Level 2 infractions

- Repeated failures to attend mandatory tutoring or study hall
- o Repeated curfew violations
- o Repeated public image or speech violations
- Repeated dress code violation
- o Failure to comply with prior punitive action

Level 3 infractions

- o Repeated dress code violations.
- Insubordination (including unruly action on the bench or time outs, arguing with coach, staff, opposing players, crowd, referees, or any official, faculty, or staff at any college sanctioned event.
- o Fighting

Level 4 infractions

- o Fighting with the use of a weapon, planned malice or with recruited accomplices
- Illegal activity including theft, destruction of property, sexual assault, drug activity or any other proven violation of the law with or without charges
- Being convicted of or pleading guilty to any misdemeanor or felony
- Harmful Intake violation.

Appeals Process

Student-athletes are held to a high standard of conduct. All student-athletes are expected to abide by the laws, rules and regulations put in place by the government, institution, department or program. Student-athletes are expected to be role models for the student body and community.

In the course of a collegiate athletics career, a student-athlete may find themselves on the wrong side of the punitive system of their program. In most instances these circumstances are fully understood and great learning opportunities for the student-athlete, however in rare instances the punishment may be considered unfair or inconsistent by the student-athlete. In these instances, there is an appeals process in place to protect and support the student-athlete.

Not all punitive actions are open to appeal. In order to be a reviewable punitive action, the action must affect the student-athlete's ability to qualify for a letter. In general, this means that game suspensions and program expulsions are appealable and reviewable. Physical punishments such as running, calisthenics or extra drills are not appealable. Practice suspensions are not appealable unless they directly affect game eligibility.

Appeals will be decided by a board of athletics staff chosen by athletics staff members, excluding the coaching staff of the offended party. The decision of the board will be final, and both the coaching staff and student-athlete are required to abide by the decision handed down.

The appeals board will have several options upon decision, listed below:

Uphold – The board upholds the punitive actions as is

Reverse - The board eliminates any and all punitive actions

Diminish – The board upholds punitive action, but diminishes the scope

Supplement - The board upholds punitive action and adds additional action

Awards and Recognition

Player of the year requirements

- * Must have been eligible to participate in all scheduled games
- * Must not have been suspended due to violation of association, college, department or team rules during the season
- * Must have a 3.0 GPA spanning the summer, fall and spring semesters
- * Must have played in 75 percent of the team's total games

All Academic Honors Requirement

Must have a 3.5 GPA spanning the summer, fall and spring semesters